Unicondylar Sled Prosthesis
with MITUS® Instrument Set
LINK® Unicondylar Sled Prosthesis
with MITUS® Instrument Set

System Description
02 LINK® Unicondylar Sled Prosthesis
03 Femoral Components and Tibial Plateaus
03 PorEx® Surface Modification (TiNbN =Titanium Niobium Nitride)
03 Indications / Contraindications
04 Rünow – Minimally Invasive Surgical Technique

Implants
05 Femoral Components
05 Tibial Plateaus

Instruments
06 MITUS® – Instrument Set for Minimally Invasive Technique of Unicondylar Sled
10 Additional Instruments
11 Tibial Saw Guide
12 Important Information for X-ray investigation
13 Accessories: X-ray Templates, further Literature
14 Index

Important Information regarding the use of our implants
The successful design of LINK’s Unicondylar Sled Prosthesis which was originated in 1969 has remained unchanged since its last modification in 1981. This extraordinary time period and the outstanding long-term clinical results have been reported in a number of publications.*

Further advantages:
- high joint mobility
- short recovery period

The design of the femoral component preserves bone substance and permits femoral resurfacing. This treatment is therefore available as a fall-back option.

The instruments and the surgical technique are regularly optimised to ensure ease of use and reliable implantation.

The LINK® Unicondylar Sled Prosthesis is available in four sizes.

Femoral Components
The large radii of the femoral surface distributing the contact stress more homogenously. The globular structure of the concave inner surface of the sled provides optimal bonding between implant and cement. The design incorporates two posts whose shape and alignment aid in positioning the sled. The implant is easy to remove should revision become necessary.

Tibial Plateaus
The tibial plateaus can be used medially as well as laterally owing to their symmetrical shape. The sizing is adapted to the anatomical shape of the head of the tibia. Two designs are available:

• Type all-polyethylene (non metal-backed)
  This design is available in four heights and four diameters. The structured underside allows a very good interface between implant and bone cement.

• Type metal-backed
  In this design, the tibial plateaus are available in three heights and three diameters. The globular structure on the underside of the plateau offers optimum bonding between the implant and bone cement.

PorEx® (TiNbN = Titanium Niobium Nitride)
Surface modification
The hypoallergenic PorEx® surface modification leads to a ceramic-like surface, which significantly reduces the release of ions and can improve tolerance in patients who are sensitive to metal\(^1\).

This surface is extremely hard and possesses abrasion properties similar to those of ceramics. These qualities and the wetting angle of the surface give it a low friction coefficient when in contact with fluids\(^1\).

\(^1\) Study of the influence of TiNbN-coating on the ion release of CoCrMo-alloys in SBF buffer simulator testing

Please note:
For specified indications/contraindications see catalogue:
739en_MITUS - Minimally Invasive Technique for Unicondylar Sled Prosthesis, Surgical Technique
Rünow Minimally Invasive Surgical Technique

For implantation of a sled prostheses is it essential to select the correct indication. The concept is based on the fact that in early stages of knee osteoarthritis (OA) the cartilage damage is limited to a single compartment within the knee joint.

The design of the LINK® Unicondylar Sled Prosthesis ensures that only minimal bone resection is required when preparing the bone to receive the femoral and tibial components. This preserves high-quality bone, particularly the hard sub-chondral bone, which is important for secure long-term fixation of the implant.

The Tibial Saw Guide supports resection according to anatomical conditions and ensures precise, reproducible bone cuts.

The MITUS® Instrument Set offers distinct advantages to the surgeon:

- minimal bone resection
- full control over the level of tibial resection
- opportunity to try out different sizes using trial implants
- option to perform the surgery using either conventional or minimally invasive surgical techniques
- medial or lateral use of instruments possible

Two different forms of surgical approach can be used

Conventional Approach: through a midline or a medial parapatellar skin incision. The joint cavity is reached via a medial parapatellar incision and splitting of the quadriceps tendon. The patella is everted laterally.

Minimally Invasive Approach: through a short parapatellar skin incision. The capsular incision is also parapatellar allowing access to the joint with minimal disturbance of the extensor mechanism and without dislocating the patella.

The minimally invasive technique reduces complications and can be performed with great precision provided the LINK® instruments are used correctly.
### Femoral Components

Material: CoCrMo, CoCrMo/PorEx®

<table>
<thead>
<tr>
<th>Item no. CoCrMo</th>
<th>Item no. CoCrMo/PorEx®</th>
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<th>Length (T) mm</th>
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<tr>
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<td>18</td>
<td>52</td>
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<tr>
<td>15-2020/60</td>
<td>15-2220/60</td>
<td>large</td>
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### Tibial Plateaus

all-polyethylene (non metal-backed)

Material: UHMWPE

<table>
<thead>
<tr>
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<th>Height (H) mm</th>
<th>Ø mm</th>
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*PorEx®: TiNbN = Titanium Niobium Nitride; hypoallergenic coating (gold colour).

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**Important information:**

Tibial components of 7 mm height offer the advantage of particular bone preservation and allow for a good range of motion. The suitability of these particular components have to be medically indicated. The tibial components of 7 mm height are not suitable for obese or very active patients.
**MITUS® Instrument Set**
Minimally Invasive Surgical Technique for LINK® Unicondylar Sled Prosthesis

<table>
<thead>
<tr>
<th>Item no.</th>
<th>Instrument Set, complete (Container 1 and 2)</th>
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<tbody>
<tr>
<td>15-2201/01</td>
<td>Set, complete in 2 standard containers, on 3 trays with storage inserts, consisting of:</td>
</tr>
<tr>
<td>05-2001/03</td>
<td>N11 Standard Container, empty, stainless steel, 575 x 275 x 100 mm 1 ea.</td>
</tr>
<tr>
<td>05-2002/03</td>
<td>N21 Standard Container, empty, stainless steel, 575 x 275 x 130 mm 1 ea.</td>
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<tr>
<td>15-2200/02</td>
<td>Lower Tray (Container 1), empty, perforated stainless steel, 550 x 265 x 50 mm 1 ea.</td>
</tr>
<tr>
<td>15-2200/03</td>
<td>Upper Tray (Container 1), empty, perforated stainless steel, 550 x 265 x 50 mm 1 ea.</td>
</tr>
<tr>
<td>15-2200/01</td>
<td>Tray (Container 2), empty, perforated stainless steel, 550 x 265 x 50 mm 1 ea.</td>
</tr>
</tbody>
</table>

*Fittings: How to order: 317-649/08B = Hudson fitting*

- B Hudson
- C Harris
- D A-O
- E Jacobs
- H Zimmer
### Lower Tray, Container 1

| 1 | 15-2200/02 | Lower Tray (Container 1), empty, 550 x 265 x 50 m |
| 2 | 15-2201/55 | 55 mm |
| 3 | 15-2201/50 | 50 mm |
| 4 | 15-2201/45 | 45 mm |
| 5 | 15-2040/05 | Sled Impactor for sled prosthesis metal-backed, 170 mm |
| 6 | 15-2201/70 | Curette to remove excess cement |
| 7 | 15-2201/71 | Spatula double-end to remove excess cement |
| 8 | 15-2040/03E* | Twist Drill with stop, Ø 5.5 mm, 160 mm, fittings optional (see page 06)* |
| 9 | 15-2202/55 | 55 mm |
| 10 | 15-2202/50 | 50 mm |
| 11 | 15-2202/45 | 45 mm |
| 12 | 15-2040/06 | Plateau Impactor, 250 mm |
| 13 | 15-2105 | Chip Chisel, 15 mm wide, 240 mm |
| 14 | 15-2201/16 | 9 x 160 mm |
| 15 | 15-2201/17 | 11 x 160 mm |
| 16 | 15-2102/03 | 15 x 160 mm |
| 17 | 15-2040/02E* | Twist Drill, Ø 3.0 mm, 160 mm, fittings optional (see page 06)* |
### Upper Tray, Container 1

1. **15-2200/03** Upper Tray (Container 1), empty, 550 x 265 x 50 m

2. **15-2201/60** Drill Guides for sled prostheses
   - large
3. **15-2201/52** medium
4. **15-2201/46** medium-small
5. **15-2201/40** small
6. **15-2042** Inserting Forceps for tibial plateaus all-polyethylene and trial plateaus, 215 mm
7. **15-2201/14** Ø 50-55 mm
8. **15-2201/15** Ø 45 mm
9. **15-2201/19** Cancellous Bone Compressor for tibial plateaus metal-backed, Ø 45-55 mm
10. **15-2021/05** Trial Sled Prostheses
    - large
11. **15-2021/04** medium
12. **15-2021/03** medium-small
13. **15-2021/02** small
14. **15-2201/12** Fixation Pins for drill guides, Ø 2 mm, 60 mm
15. **15-2201/53** Fixation Pin to stabilise the drill guide, Ø 5.4 mm, 50 mm (4 ea.)
16. **15-2201/13** Holding and Inserting Forceps for drill guides
17. **15-2040/09** Plateau Holding and Inserting Forceps for tibial plateaus metal-backed
18. **15-2040/08** Set of Trial Tibial Plateaus on storage tray, Ø 45, 50, 55 mm, heights: 7, 9, 11, 13 mm (12 ea.)
**15-2200/01** Tray (Container 2), empty, 550 x 265 x 50 mm

**317-586** Driver and Extraction Forceps for fixation pins, 210 mm

**15-2201/18** Extractor for fixation pins, to be used with 317-586

**317-585/95** Fixation Pins, Ø 3 mm, 95 mm (6 ea.)

**15-2201/32** left, height A
**15-2201/37** left, height B
**15-2201/33** right, height A
**15-2201/38** right, height B

**15-2201/34** Tibial Alignment Device, extramedullary

**15-2201/35** Stylus

**15-2201/39** Spacer Bolt to 15-2201/31

**15-2201/11** Retractor

**15-2201/10** Inserting Forceps for trial sled prostheses

**317-538/01** Flexible Belt, 495 mm

**15-2201/31** Tibial Saw Guide Base, adjustable

**15-2201/36** Alignment Rod, transversal, 200 mm

**10-5373** Hexal Screwdriver, hex 2.5 mm, 180 mm

**317-648** Universal Wrench, hex 6.0 mm, 140 mm

**130-611** Impactor, 280 mm
Additional Instruments

**Trial Tibial Plateaus**, Ø 58 mm, suitable for tibial plateaus all-polyethylene (without metal-backed)

<table>
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<td>15-2047/16</td>
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</table>

**15-2048/04**
Storage Tray, separate
for trial tibial plateaus, Ø 58 mm

**15-2201/58**
Drill and Saw Guide (templates)
for tibial plateaus all-polyethylene, Ø 58 mm
The tibial saw guide consists of a base with one cutting platform for medial resection and another for lateral resection. The stylus is inserted into a hole on the cutting platform. The spacer bolt is fixed on the opposite side. To protect the intercondylar eminence, eminentia saw guides are available.

The adjustable extramedullary tibial saw guide base determines the correct axial alignment. A transversal alignment rod helps to align the saw guide horizontally. The saw guide is fixed distally using a plastic connector. The saw guide is secured proximally with fixation pins.
Important Information for X-ray Investigations

X-ray investigations
X-ray images can be used to evaluate implant positioning post-operatively. Images taken from certain angles can create the impression that the implant has broken.

![Fig. 1: Post-operative X-ray 1](image1)
![Fig. 2: Post-operative X-ray 2](image2)

Note
The LINK® tibial plateau metal-backed is delivered as one piece, i.e. the polyethylene component and the metal component are pre-assembled as a single unit. The manufacture of the components has remained unchanged since today. For secure connection the polyethylene engages with a mechanical coupling device.

These technical specifications can lead X-ray images taken from certain angles to appear distorted, which may give the impression that the tibial plateau is broken. Examples of such distorted images are shown below:

![Fig. 3a: Photograph of externally rotated tibia](image3a)
![Fig. 3b: X-ray image of figure 3a](image3b)

As a broken tibial plateau is most unlikely, the diagnosis must be verified with additional X-ray images.

Verification:
Rotation of the tibia ensuring strictly lateral alignment for the follow-up X-ray.

![Fig. 4a: Photograph of tibia from a strictly lateral position](image4a)
![Fig. 4b: X-ray image of figure 4a](image4b)
### X-ray Templates

**X-ray Templates**, 110% actual size, one sheet

<table>
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<td>15-2021/11</td>
<td>for Tibial Plateaus, metal-backed 15-2030/01 to 15-2030/12</td>
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<tr>
<td>15-2021/13</td>
<td>for Tibial Plateaus, all-polyethylene 15-2028/01 to 15-2028/12</td>
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### Further Literature

Catalogue: **MITUS® Surgical Technique**

available on request.
Please note the following regarding the use of our implants:

1. **Choosing the right implant is very important.**
   The size and shape of the human bone determine the size and shape of the implant and also limit the load capacity. Implants are not designed to withstand unlimited physical stress. Demands should not exceed normal functional loads.

2. **Correct handling of the implant is very important.**
   Under no circumstances should the shape of a finished implant be altered, as this shortens its life span. Our implants must not be combined with implants from other manufacturers.
   
   The instruments indicated in the Surgical Technique must be used to ensure safe implantation of the components.

3. **Implants must not be reused.**
   Implants are supplied sterile and are intended for single use only. Used implants must not be reused.

4. **After-treatment is also very important.**
   The patient must be informed of the limitations of the implant. The load capacity of an implant cannot compare with that of healthy bone!

5. **Unless otherwise indicated, implants are supplied in sterile packaging.**
   Note the following conditions for storage of packaged implants:
   
   • Avoid extreme or sudden changes in temperature.
   • Sterile implants in their original, intact protective packaging may be stored in permanent buildings up until the “Use by” date indicated on the packaging.
   • They must not be exposed to frost, dampness or direct sunlight, or mechanical damage.
   • Implants may be stored in their original packaging for up to 5 years after the date of manufacture. The “Use by” date is indicated on the product label.
   • Do not use an implant if the packaging is damaged.

6. **Traceability is important.**
   Please use the documentation stickers provided to ensure traceability.

7. **Further information** on the material composition is available on request from the manufacturer.

**Follow the instructions for use!**

Waldemar Link GmbH & Co. KG, Hamburg

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The Surgical Technique described has been written to the best of our knowledge and belief, but it does not relieve the surgeon of his/her responsibility to duly consider the particularities of each individual case.

Unless otherwise indicated, all instruments are made of surgical stainless steel.